



SINGAPORE
ST JAMES' CHURCH
A Place to call Home

**FAMILY LIFE MINISTRY &
CHILDREN'S MINISTRY
2020**



The logo referencing from a tree, symbolises Family Life Ministry's (FLM) mission to strengthen families and foster caring community bonds in St. James' Church (SJC) for generations to come.

The Chinese ideograph for a person is “人”. This is the core of FLM's ministry because every person matters in God's eyes and everyone is God's heritage builder for the future, rooted in His unchanging Word.

The different vibrant colours represent the various support platforms to enhance and enrich your life as an individual and as a family, so that you and your family life will yield fruit in its season as a fragrant offering to our Father.

ABOUT FAMILY LIFE MINISTRY

The Family Life Ministry (FLM) is part of the community outreach arm of St. James' Church, which seeks to strengthen families and foster caring community bonds.

Mission:

To embolden the expression of God's love by equipping families to live, express and nurture faith at home.

Vision:

Families as God's heritage builders.

Format of courses:

Video learning, Facilitator-led interactions,
Small group discussions,
Individual exercises.

Family Life Ministry (FLM)
at St. James' Church was established in 2008.

The Family Life Ministry desires to help you plan better for your future life together.

All members of St. James' Church (SJC) are encouraged to attend Journey of Discovery Course when they are dating, as early as 18 years of age.

It is not expected that everyone who attends Journey of Discovery Course would like to progress to the Marriage Preparation Course. It is the church's stand that for any marriage to be conducted in the community of SJC, the couple is required to attend the Journey of Discovery Course cum Marriage Preparation Course.

The Marriage Preparation Course should be your first resort and not the last recourse. This allows your wedding planning to reflect your marriage preparation.

It is our church's practice for all couples with at least 3 years of marriage to be refreshed at The Marriage Course. The Marriage Course is based on God's design for stronger marriages. Couples will revisit important biblical principles that will enable their marriages to be life-long, loving and godly.

In a nutshell, the recommendations are as seen on the facing page.

THE MARRIAGE SUITE

Dating or planning to get married



JOURNEY OF DISCOVERY

**pre-requisite for Marriage Preparation Course*



MARRIAGE PREPARATION COURSE

**at least 1 year before date of marriage
preferably after 2 years of dating*



THE MARRIAGE COURSE

at least 3 years of marriage

Couples who are planning to get married will be required to attend this suite of courses.



JOURNEY OF DISCOVERY (JDC)

COURTING
COUPLES

Courting couples will discover how to build a strong foundation in their relationship based on honest interaction, biblical principles and purity.

**pre-requisite for Marriage Preparation Course*

Date:

22 Aug 2020 (Sat)

Time:

9.00 am - 5.00 pm

Cost:

\$50 per couple

(includes breakfast, tea, lunch and participant's handbook)



To register, go to

<https://tinyurl.com/FLM-JDC2020>





探索之旅 (JDC)

恋爱中的
情侣

情侣会一起探索如何以忠诚、贞洁和圣经的原则来建立稳固的感情基础。

*婚姻预备课程的预修课程

日期:

2020年8月22日 (星期六)

时间:

早上9点 - 下午5点

费用:

每对情侣 \$50

(费用包括早餐、茶点、午餐与手册)



报名请登录:

<https://tinyurl.com/FLM-JDC2020>





MARRIAGE PREPARATION COURSE (MPC)

by Alpha International

THINKING
OF
MARRIAGE

This course is based on God's design for marriage. Couples will learn important biblical principles to develop strong foundations for a lasting marriage.

Dates:

23, 30 Jan, 6, 20, 27 Feb 2021 (Sat)

**pre-requisite: Journey of Discovery Course*

Time:

9.00 am - 1.00 pm

Cost:

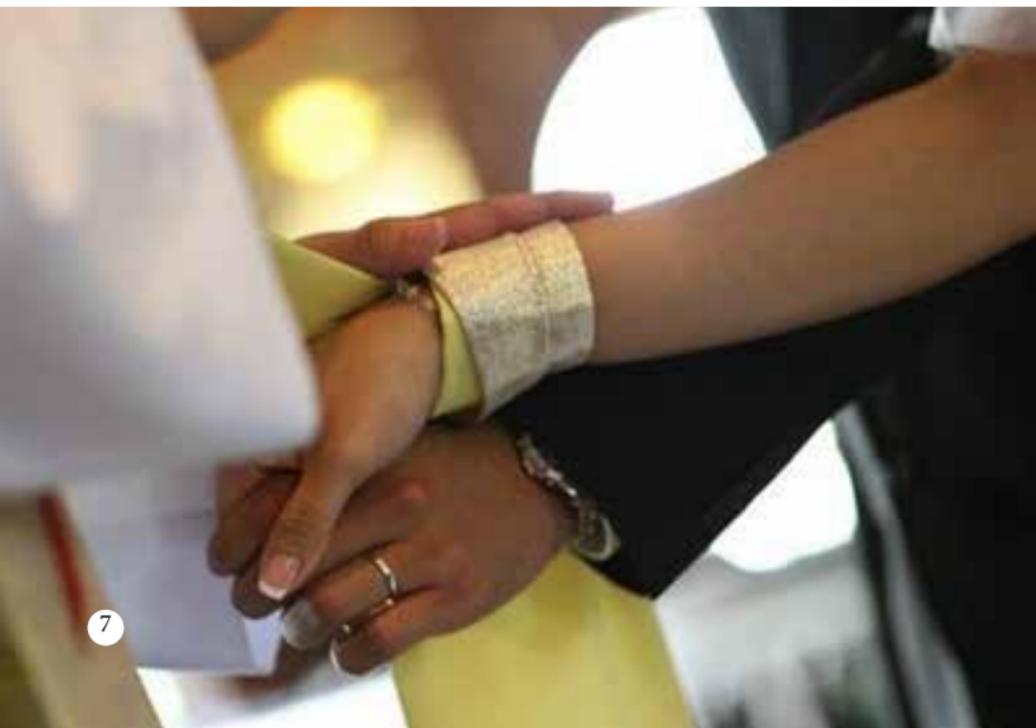
\$180 per couple

(includes tea and participant's handbook)



To register, go to

<https://tinyurl.com/FLM-MPC2021>





启发 婚姻预备课程 (MPC)

by Alpha International

想结婚吗

课程内容根据上帝对婚姻的设计。情侣将学习重要的圣经原则，为持久的婚姻打好基础。

日期:

2021年1月23, 30日、
2月6, 20, 27日 (星期六)

*需先参加“探索之旅”(JDC)课程

时间:

早上9点 - 下午1点

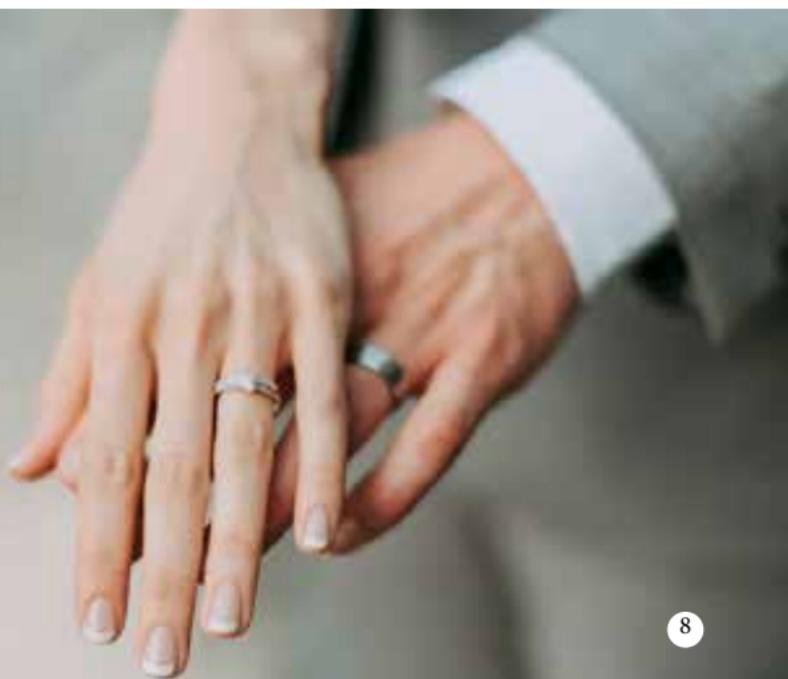
费用:

每对情侣 \$180
(包括茶点和手册)



报名请登录:

<https://tinyurl.com/FLM-MPC2021>





THE MARRIAGE COURSE (TMC)

by Alpha International

MARRIED

This course is based on God's design for stronger marriages. Couples will revisit important biblical principles that will strengthen their marriages.

Dates:

12, 19, 26 Sep, 3 Oct 2020
(Sat)

Time:

9.00 am - 1.00 pm

Format:

Couple Capsule Time for Dialogue

Cost:

\$180 per couple
(includes tea, 1 dinner and participant's handbook)



To register, go to

<https://tinyurl.com/FLMTMC2020>



The **Children's Ministry** understands that the parents of today are raising their children in an increasingly challenging environment.

In St. James' Church, we believe in building a village of missional families where groups of families form small communities to share their parenting journey in a united mission to disciple their children. To do this, we first empower the parents by training them to disciple their children. Secondly, parents can choose to join a small community of families after finishing a course.

The Parenting Children Course (TPC) is an entry-level parenting course. It is meant for parents who need a basic framework for parenting. "Tree of Life Course" (TLC) is an advanced parenting course. It equips parents with a range of skills to disciple their children.

Besides these courses, the **Children's Ministry** journeys with parents in their discipling of kids through other channels like Teleios Todds / Teleios Kids (TT/TK) and Super PowerKids (SPK).

TT/TK is a Sunday School that runs during our weekend services every Saturday at 5pm, and every Sunday at 9am and 11.15am. TT/TK caters to kids from 18 months to 11 years old.

SPK runs a service in which parents and children worship together each Sunday at 2.30pm. Parents who attend the above parenting courses (TPC, TLC) can let their kids attend SPK too.

It is our hope that parents will conscientiously disciple their kids and come together to build a village of missional families in St. James' Church.

PARENTS & CHILDREN

"Discipling parents to disciple children"





THE
PARENTING CHILDREN
COURSE

THE PARENTING CHILDREN COURSE (TPC) (0 - 10 YRS)

by Alpha International

PARENTS WITH
CHILDREN 10
YRS OLD &
BELOW

For parents and caregivers looking for practical support to strengthen their family relationships.

Session 1: Building Strong Foundations
Session 2: Meeting Our Children's Needs
Session 3: Setting Boundaries
Session 4: Teaching Healthy Relationship
Session 5: Our Long-Term Aim

**Children between 4 and 11 years old could join Super PowerKids*

Dates:

5, 12, 19, 26 Jul, 2 Aug 2020 (Sun)

Time:

2.00 pm - 4.30 pm

Cost:

\$30 per person

(includes tea and participant's handbook)



To register, go to

<https://tinyurl.com/FLMTPC2020>





TREE OF LIFE COURSE (TLC)

by Growing Families International

PARENTS
WITH
CHILDREN
FROM 3 - 12
YEARS OLD

Parenting from the Tree of Life places its emphasis on Life. In the beginning, God placed two trees in the garden of Eden: the fruit of tree of Life leads unto Life; the fruit of tree of the knowledge of good and evil leads unto death. This course reaches back to that first tree and follows the message of Life to present-day parenting.

Be encouraged! Parents can still create a home environment filled with Life, sustenance, beauty and goodness.

For optimal learning, all three modules need to be completed in sequence.

**Children between 4 and 11 years old could join Super PowerKids*

Module One:

Life, Children & Relationship

Covers the relational components associated with healthy parenting.

1. A Two-World Perspective
2. Marriage & the Secure Child
3. Understand Your Child's Love DNA
4. Creating Treasures of the Heart
5. The Power of Life & Death
6. Influences of Sight and Sound

Dates:

9, 16, 23, Feb, 1, 8 Mar 2020 (Sun)

Time:

2.30 pm - 4.30 pm



Module Two:

Life, Children & Character Development

Covers critical components of character training and explains the guiding principles for raising children who are kind, courteous, respectful, cooperative, confident, and certainly well mannered.

1. Life, Children & Character
2. Cultivating the Voice Within
3. The Protocols of Royalty
4. The Silent Courtesy
5. Civility and Mealtime Etiquette
6. Basic Life Courtesies

Dates:

29 Mar, 5, 19, 26 Apr, 10 May 2020 (Sun)

Time:

2.30 pm - 4.30 pm

Module Three:

Life, Children, Encouragement & Correction

Proactively encourage behaviors that help children stay on track and know how to properly correct children to raise them well.

1. Correction & a "Healthy Lawn Perspective"
2. Instruction Leading to Healthy Obedience
3. Parenting Outside the Funnel
4. How to Raise a Responsible Child
5. The Correction Side of Training & The Discipline Flow Chart.

Dates:

17 May, 28 Jun, 5, 12, 19, 26 Jul 2020 (Sun)

Time:

2.30 pm - 4.30 pm

Cost (Three Modules):

\$220 per couple | \$150 per person

(includes tea, participant's handbook and a thumbdrive with video clips)

To register, go to

<https://tinyurl.com/FLMTLC2020>



PSLE

This customized talk for parents and caregivers of Primary 6 students will help navigate issues specific to the Primary School Leaving Examination (PSLE) and explore with parents how to journey with a long-term aim in mind.

Date:

15 Feb 2020 (Sat)

Time:

6.00 pm - 9.30 pm

Cost:

\$13 per person (*includes dinner*)
complimentary for all P6 children



To register, go to

<https://tinyurl.com/Roots-Wings2020>





PRAYING WITH
CONFIDENCE

PRAYING WITH CONFIDENCE

PARENTS

All Christians are called to be royal priests of God (1 Peter 2:9). Parents are commanded to disciple God's children (Deut 6:6-9). As spiritual leaders in a family, parents have spiritual authority over their children and they have been given the very powerful tool of Prayer. Calling all Dads and Mums at SJC to come together to cover your children and families in prayer (John 17:9).

Dads @ Prayer

Every third Sunday of each month at 11.00am

Mums @ Prayer

You can attend either session in SJC :

1. Every second Sunday of each month at 11.00 am
2. Every fourth Sunday of each month at 10.15 am

If you are keen to join us, please email familylife@sjc.org.sg.

For latest details, please visit our SJC website under Family Life Ministry.

"Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours." (Mark 11:24)

ORGANISED BY FOCUS ON THE FAMILY

PARENTS



Parenting

Focus on the Family organises various workshops and dialogues to equip parents to raise a bright and resilient future generation.

To find out more, go to
<http://family.org.sg>

Date with Dad™

What is the best gift you can give your daughter?

Uncover the deep connection you and your daughter have at Date with Dad in 2020.

ADVENTURE
with
DAD™

A life-changing urban camp for you and your boy as he develops to become a young man. Join this customised programme specially created for dads to connect with their sons aged 12 to 15 years.

To find out more, go to
<http://family.org.sg>



MENTORING

MARRIED
COUPLES
AND
PARENTS

Family Life Ministry (FLM) desires to develop and deepen marriage and parental practical skills and knowledge, not just cognitively but more so spiritually. Together with you, we will develop a mentoring culture within our community.

At any stage of our parenting and marriage, it is refreshing to have someone to journey along with us. With listening hearts, the mentors can

1. Give guidance and provide mentorship to newly-married couples and/or parenting couples with reference to the Word of God.
2. Share their own lives and relational experiences with you
3. Enhance discipleship to build a stronger marriage and family life.

If you are looking for mentors, please contact familylife@sjc.org.sg. We have marriage mentors and parent mentors who are approved by the Vicar's office.



SEASONS

For those going through
different Seasons of our Life.



BOOK CIRCLE

SPYcesTM



REFRESH SERIES

TEENS &
ADULTS

At Beautifully Restored, we learn to choose the ways of relating that are rooted in love and learn how each knock affects our life's responses. We will explore how God uses the hard knocks in life to draw out the beauty and strength that is within us. In His time, He makes all things beautiful, we will find renewed energy for our relationships.

Find time as we create space for identifying the cause of our pain. Once identified and expressed, it can release gracious resilience and deep joy.

Dates:

28 Mar, 4, 11, 18, 25 Apr 2020 (Sat)

Time:

2.00 pm - 4.00 pm

Cost:

\$20 per person

(includes tea and participant's handbook)



To register, go to

<https://tinyurl.com/BR-Mar2020>





EMOTIONALLY HEALTHY WOMAN (EHW)

LADIES

This course helps ladies of all ages to find a way out of inauthentic spirituality and onto the path of emotional health.

Dates:

7, 14, 21, 28 Mar, 4, 11, 18, 25 Apr
2020 (Sat)

Time:

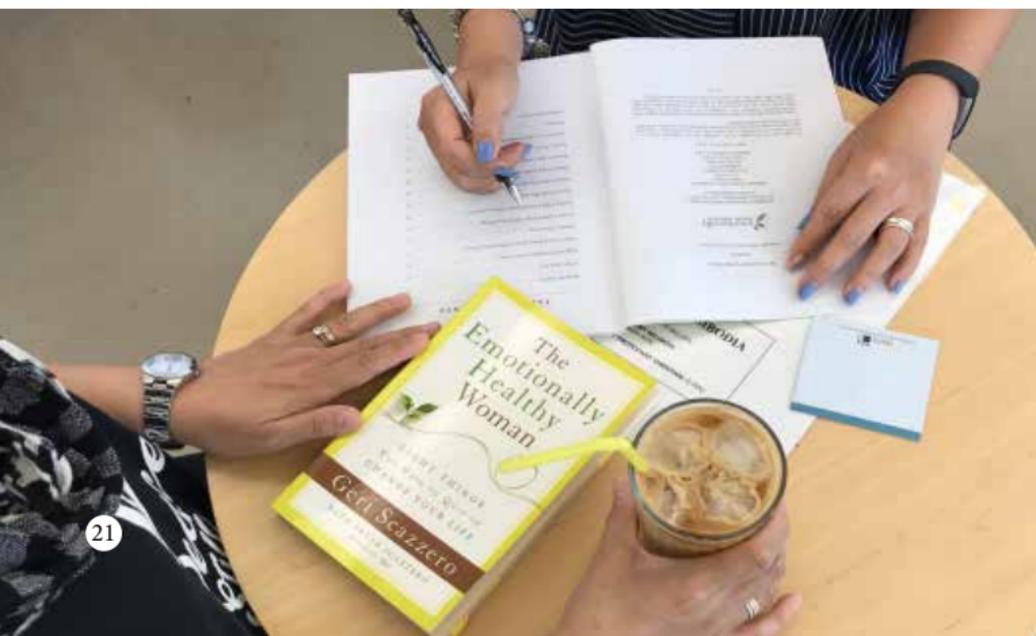
2.30 pm - 4.30 pm

Cost:

\$25 per person
(includes tea and participant's handbook)

To register, go to

<https://tinyurl.com/EHW2020>





REFRESH SERIES

REFRESH SERIES

RETREAT

The Refresh series for Beautifully Restored, Emotionally Healthy Woman, Parenting and Marriages were designed for all who desire God's delight as we continue to be His blessing.

The Refresh series was birthed in response to God who desires to water those who have blessed forward.

For all who need a refreshing time in and with our Lord Jesus to retreat with an Art Therapist where we would use clay to commune with God and enter into a quiet exploration of what's within our hearts.

Dates:

15 Feb Sat: Marriage

7 Mar Sat: EHW

17 Oct Sat: Beautifully Restored &
Young Adults

7 Nov Sat: Parenting

Time: 9.00am - 12.30pm

Cost: \$50 per person

To register, email to familylife@sjc.org.sg





BOOK CIRCLE

BOOK CIRCLE

ENRICH

Book Circle allows couples and individuals to learn how marriage can help them deepen their relationship with God.

We will be discussing *"This Momentary Marriage"* by John Piper.

Dates: 16, 30 Aug, 13 Sep 2020 (Sun)

Time: 2.00 pm - 4.00 pm

Cost: \$20 per person
(includes tea and the book)



To register, go to
[https://tinyurl.com/
BookCircle2020](https://tinyurl.com/BookCircle2020)





BOOK CIRCLE

读书会

提升

以阅读和讨论一起学习通过美满的婚姻加深与上帝之间的关系

主题书：

《在婚姻里得胜》（汤盖瑞著，江淑敏译）

日期：

2020年8月16, 30日、9月13日
(星期天)

时间：

下午2点 - 4点

费用：

每人 \$20
(包括茶点和书本)



报名请登录：

<https://tinyurl.com/BookCircle2020>





SPIRITUAL PARENTING OF YOUNG COUPLES (SPYces)

PARENTS
OF ADULT
CHILDREN

SPYces is for parents of adult children who are married or soon to be married. Grow into this season of your life through friendship and fellowship with other parents in the same season.

Dates:

28 Jun, 5, 12, 19, 26 Jul 2020 (Sun)

Time:

1.45 pm - 5.00 pm

Cost:

\$40 per person

Venue:

Riverlife Church

To register, email to

familylife@sjc.org.sg



Visit <https://biblical-parenting.org/>
and sign up for email updates of articles
and parenting resource.





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