



SINGAPORE  
ST JAMES' CHURCH  
*A Place to call Home*

**FAMILY LIFE MINISTRY &  
CHILDREN'S MINISTRY  
2019**



The logo referencing from a tree, symbolises Family Life Ministry's (FLM) mission to strengthen families and foster caring community bonds in St. James' Church (SJC) for generations to come.

The Chinese ideograph for a person is “人”. This is the core of FLM's ministry because every person matters in God's eyes and everyone is God's heritage builder for the future, rooted in His unchanging Word.

The different vibrant colours represent the various support platforms to enhance and enrich your life as an individual and as a family, so that you and your family life will yield its fruit in its season as a fragrant offering to our Father.

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## **ABOUT FAMILY LIFE MINISTRY**

The Family Life Ministry (FLM) is part of the community outreach arm of St. James' Church, which seeks to strengthen families and foster caring community bonds.

### **Mission:**

To embolden the expression of God's love by equipping families to live, express and nurture faith at home.

### **Vision:**

Families as God's heritage builders.

### **Format of courses:**

Video learning, Facilitator-led interactions, Small group discussions, Individual exercises.

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Family Life Ministry (FLM)  
at St. James' Church was established in 2008.

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The Family Life Ministry desires to help you plan better for your future life together.

All members of St. James' Church (SJC) are encouraged to attend Journey of Discovery when they are dating, as early as 18 years of age.

It is not expected that everyone who attends Journey of Discovery would like to progress to the Marriage Preparation Course. It is the church's stand that for any marriage to be conducted in the community of SJC the couple is required to attend the Journey of Discovery cum Marriage Preparation Course.

The Marriage Preparation Course, should be your first resort and not the last recourse. This allows your wedding planning to reflect your marriage preparation.

It is our church's practice for all couples with at least 3 years of marriage to be refreshed at The Marriage Course. The Marriage Course is based on God's design for stronger marriages. Couples will revisit important biblical principles that will enable their marriages to be a life-long, loving and godly one.

In a nutshell, the recommendations are as seen on the facing page.

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# THE MARRIAGE SUITE

Dating or planning to get married



## JOURNEY OF DISCOVERY

*\*pre-requisite for Marriage Preparation Course*



## MARRIAGE PREPARATION COURSE

*\*at least 1 year before date of marriage  
preferably after 2 years of dating*



## THE MARRIAGE COURSE

*at least 3 years of marriage*

Couples who are planning to get married will be required to attend this suite of courses.



# JOURNEY OF DISCOVERY (JDC)

COURTING  
COUPLES

Courting couples will discover how to build a strong foundation in their relationship based on honest interaction, biblical principles and purity.

*\*pre-requisite for Marriage Preparation Course*

**Date:**

24 Aug 2019 (Sat)

**Time:**

9.00 am - 5.00 pm

**Cost:**

\$50 per couple

*(includes breakfast, tea, lunch and participant's handbook)*



To register, go to

<http://tinyurl.com/FLM-JDC2019>





# MARRIAGE PREPARATION COURSE (MPC)

by Alpha International

THINKING  
OF  
MARRIAGE

This course is based on God's design for marriage. Couples will learn important biblical principles to develop strong foundations for a lasting marriage.

**Dates:**

1, 8, 15, 22, 29 Feb 2020 (Sat)

*\*pre-requisite: Journey of Discovery*

**Time:**

9.00 am - 1.00 pm

**Cost:**

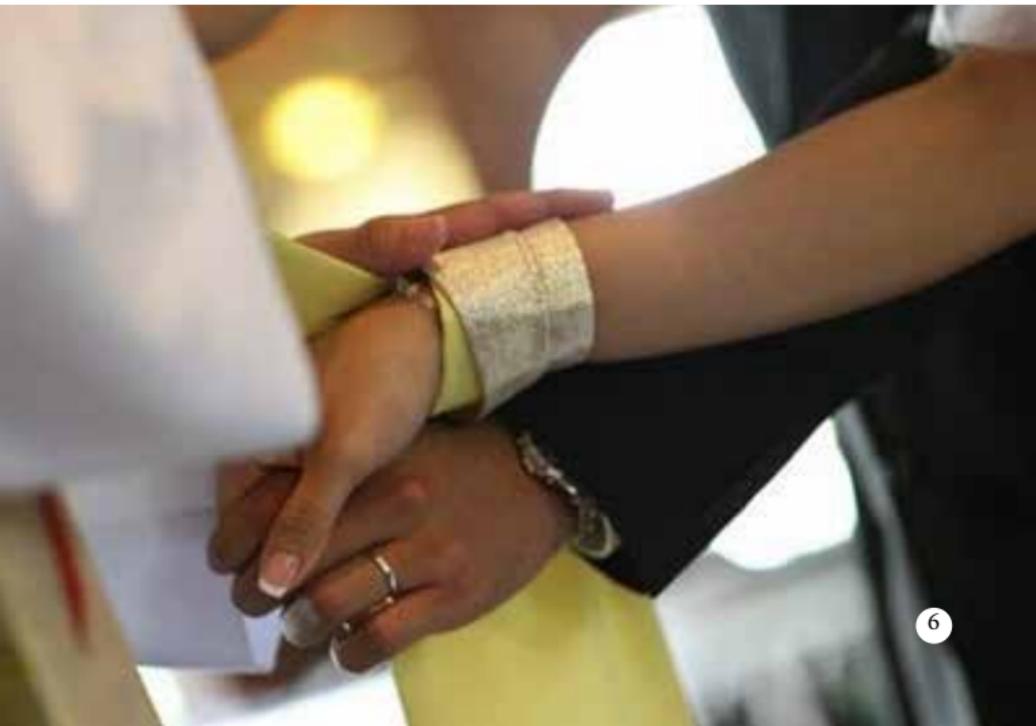
\$180 per couple

*(includes tea and participant's handbook)*



To register, go to

**<http://tinyurl.com/FLM-MPC2020>**





# THE MARRIAGE COURSE (TMC)

by Alpha International

MARRIED

This course is based on God's design for stronger marriages. Couples will revisit important biblical principles that will enable their marriages to be strengthened.

**Dates:**

14, 21, 28 Sep, 5 Oct 2019 (Sat)

**Time:**

9.00 am - 1.00 pm

**Cost:**

\$180 per couple

*(includes tea, 1 dinner and participant's handbook)*



To register, go to

<http://tinyurl.com/TMC2019>





BOOK CIRCLE

# BOOK CIRCLE

ENRICH

Book Circle allows couples to learn how marriage can help them deepen their relationship with God.

We will be discussing "*This Momentary Marriage*" by John Piper.

**Dates:**

18, 25 Aug & 1 Sep 2019 (Sun)

**Time:**

2.00 pm - 4.00 pm

**Cost:**

\$20 per person

*(includes tea and the book)*



To register, go to

<https://tinyurl.com/BookCircle2019>



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The **Children's Ministry** understands that the parents of today are raising their children in an increasingly challenging environment.

In St. James' Church, we believe in building a village of missional families where groups of families form small communities to share their parenting journey in a united mission to disciple their children. To do this, we first empower the parents by training them to disciple their children. Secondly, parents can choose to join a small community of families after finishing a course.

The Parenting Children Course (TPC) is an entry level parenting course. It is meant for parents who need a basic framework for parenting. "Tree of Life Course" (TLC) is an advanced parenting course. It equips parents with a range of skills to build up their children.

Besides these courses, the **Children's Ministry** journeys with parents in their discipling of kids through other channels like Teleios Todds / Teleios Kids (TT/TK) and Super Powerkids (SPK).

TT/TK is a Sunday School that runs during our weekend services every Saturday at 5pm, and every Sunday at 9am and 11.15am. TT/TK caters to kids from 18 months to 11 years old.

SPK runs a service in which parents and children worship together each Sunday at 2.30pm. Parents who attend the above parenting courses (TPC, TLC) can let their kids attend SPK too.

It is our hope that parents will conscientiously disciple their kids and come together to build a village of missional families in St. James' Church.

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# PARENTS & CHILDREN

*"Discipling parents to  
disciple children"*





# TREE OF LIFE COURSE (TLC)

by Growing Families International

PARENTS  
WITH  
CHILDREN  
FROM 3 - 12  
YEARS OLD

Parenting from the Tree of Life places its emphasis where it belongs—on Life. In the beginning, God placed two trees in the Garden of Eden: The fruit of Tree of Life leads unto Life; the fruit of Tree of the Knowledge of Good and Evil leads unto death. This course reaches back to that first tree and follows the message of Life to present day parenting.

Be encouraged! Parents can still create a home environment filled with life, sustenance, beauty and goodness.

*For optimal learning, all three modules need to be completed in sequence.*

*\*Parents can let their children attend SPK which runs concurrently with this course.*

## **Module One:**

### **Life, Children & Relationship**

Speaks to the relational components associated with healthy parenting.

1. A Two-World Perspective
2. Marriage & the Secure Child
3. Understand Your Child's Love DNA
4. Creating Treasures of the Heart
5. The Power of Life & Death
6. Influences of Sight and Sound

### **Dates:**

17, 24 Feb, 3, 10, 24, 31 Mar (Sun)

### **Time:**

2.30 pm - 4.30 pm



## **Module Two:**

### **Life, Children & Character Development**

Covers critical components of character training and explains the guiding principles for raising children who are kind, courteous, respectful, cooperative, confident, and certainly well mannered.

1. Life, Children & Character
2. Cultivating the Voice Within
3. The Protocols of Royalty
4. The Silent Courtesy
5. Civility and Mealtime Etiquette
6. Basic Life Courtesies

#### **Dates:**

7, 14, 28 Apr, 5, 12 May (Sun)

#### **Time:**

2.30 pm - 4.30 pm

## **Module Three:**

### **Life, Children, Encouragement & Correction**

Proactively encourage behaviors that help children stay on track and know how to properly correct children to raise them well.

1. Correction & a "Healthy Lawn Perspective"
2. Instruction Leading to Healthy Obedience
3. Parenting Outside the Funnel
4. How to Raise a Responsible Child
5. The Correction Side of Training & The Discipline Flow Chart.

#### **Dates:**

30 Jun, 7, 14, 21, 28 Jul (Sun)

#### **Time:**

2.30 pm - 4.30 pm

#### **Cost (Three Modules):**

\$220 per couple | \$150 per person

*(includes tea and participant's handbook)*

To register, go to

<https://tinyurl.com/TLC2019>





THE  
PARENTING CHILDREN  
COURSE

# THE PARENTING CHILDREN COURSE (TPC) (0 - 10 YRS)

by Alpha International

PARENTS WITH  
CHILDREN 10  
YRS OLD &  
BELOW

For parents and caregivers looking for practical support to strengthen their family relationships.

Session 1: Building Strong Foundations  
Session 2: Meeting Our Children's Needs  
Session 3: Setting Boundaries  
Session 4: Teaching Healthy Relationship  
Session 5: Our Long-Term Aim

*\*Parents can let their children attend SPK which runs concurrently with this course.*

**Dates:**

7, 14, 21, 28 Jul, 4 Aug 2019 (Sun)

**Time:**

2.00 pm - 4.30 pm

**Cost:**

\$30 per person

*(includes tea and participant's handbook)*



To register, go to

<http://tinyurl.com/TPC2019>



PSLE

This customised talk for parents of Primary 6 students will help parents navigate issues specific to the Primary Six Leaving Examination (PSLE) and show parents how to journey with a long-term aim in mind.

**Date:**

16 Feb 2019 (Sat)

**Time:**

6.00 pm - 9.30 pm

**Cost:**

\$13 per person *(includes dinner)*  
*complimentary for all p6 children*



To register, go to

<https://tinyurl.com/Roots-Wings2019>





# PARENTING WITH CONFIDENCE

by *Focus on the Family*

PARENTS  
WITH  
CHILDREN

## **PARENTING WITH CONFIDENCE (0 - 6 YRS)**

New parents or parents-to-be-sometimes wish children come with an instruction manual; parenting can seem so complex and challenging! Be equipped with a strong foundation to meet the formative needs of your child and embark on this exciting journey with confidence.

## **PARENTING WITH CONFIDENCE (7 - 12 YRS)**

Entering or leaving primary school is usually a big transition for both parents and children. This critical period is also an opportune time to build up your child's self-esteem and confidence when it comes to interacting with others. Be equipped to nurture independent and responsible children!

## **PARENTING WITH CONFIDENCE (13 - 19 YRS)**

Many parents struggle when their child hits adolescence because it seems like everything is changing. The secret to keeping the parent-teen relationship strong during this trying period lies in the parents' ability to guide them in making critical choices while reinforcing foundational pillars.

To register, go to  
**<http://family.org.sg>**



PRAYING WITH  
CONFIDENCE

# PRAYING WITH CONFIDENCE

PARENTS

All Christians are called to be royal priests of God (1 Peter 2:9). Parents are commanded to disciple God's children (Deut 6:6-9). As spiritual leaders in a family, parents have spiritual authority over their children and they have been given the very powerful tool of Prayer. Calling all Dads and Mums at SJC to come together to cover your children and families in prayer (John 17:9).

## **Dads @ Prayer**

Praying on site and/or off site. Details to be confirmed.

## **Mums @ Prayer**

You can attend either session in SJC :

1. Every second Sunday of each month at 11.00 am
2. Every fourth Sunday of each month at 10.15 am

If you are keen to join us, please email [familylife@sjc.org.sg](mailto:familylife@sjc.org.sg).

For latest details, please visit our SJC website under Family Life Ministry.

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*"Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours." (Mark 11:24)*

# DATE WITH DAD

*by Focus on the Family*

FATHER &  
DAUGHTER

Date with Dad symbolically celebrates the daughter's coming of age, and highlights the irreplaceable role of a father in preparing her for young adulthood. Every father will be involved in affirming his daughter's worth and imparting values that will anchor her through life's transitions. Featuring a brand-new program, this unique opportunity is exclusively designed for fathers and daughters (aged 12-15 years) to connect through interactive activities, meaningful conversations and a shared commitment to preserve her purity for marriage. The newfound discoveries about each other and memories created will be a significant and treasured milestone in the father-daughter relationship.

To register, go to  
<http://www.family.org.sg>

*Image Credit:*  
*Focus on the Family Singapore*





# ADVENTURE WITH DAD

by Focus on the Family

FATHER &  
SON

ADVENTURE WITH DAD celebrates the bond between fathers and sons through this urban camp. This program is exclusively customized to help you connect and build a deeper level of trust through outdoor challenges, fun activities and memorable conversations. The newfound discoveries about each other and memories created will be a significant and treasured milestone in the father-son relationship. A son who grows up with an involved and nurturing father is likely to be courageous, confident and able to channel his masculinity in positive ways.

To register, go to  
<http://www.family.org.sg>

Image Credit:  
Focus on the Family Singapore



# SEASONS



For those going through  
different Seasons of our Life.



# BEAUTIFULLY RESTORED

TEENS &  
ADULTS

At Beautifully Restored, we learn to choose the ways of relating that are rooted in love and learn how each knock affects our life's responses. We will explore how God uses the hard knocks in life to draw out the beauty and strength that is within us. In its time, He makes all things beautiful, we will find renewed energy for our relationships.

Find time as we create space for identifying the cause of our pain. Once identified and expressed, it can release gracious resilience and deep joy.

**Dates:**

16, 23, 30 Mar, 6, 13 Apr 2019 (Sat)

**Time:**

2.00 pm - 4.00 pm

**Cost:**

\$20 per person

*(includes tea and participant's handbook)*



To register, go to

<https://tinyurl.com/BR-Mar2019>





# EMOTIONALLY HEALTHY WOMAN (EHW)

LADIES

This course helps ladies of all ages to find a way out of inauthentic spirituality and onto the path of emotional health.

**Dates:**

6, 13, 20, 27 Jul  
3, 17, 24, 31 Aug (Sat)

**Time:**

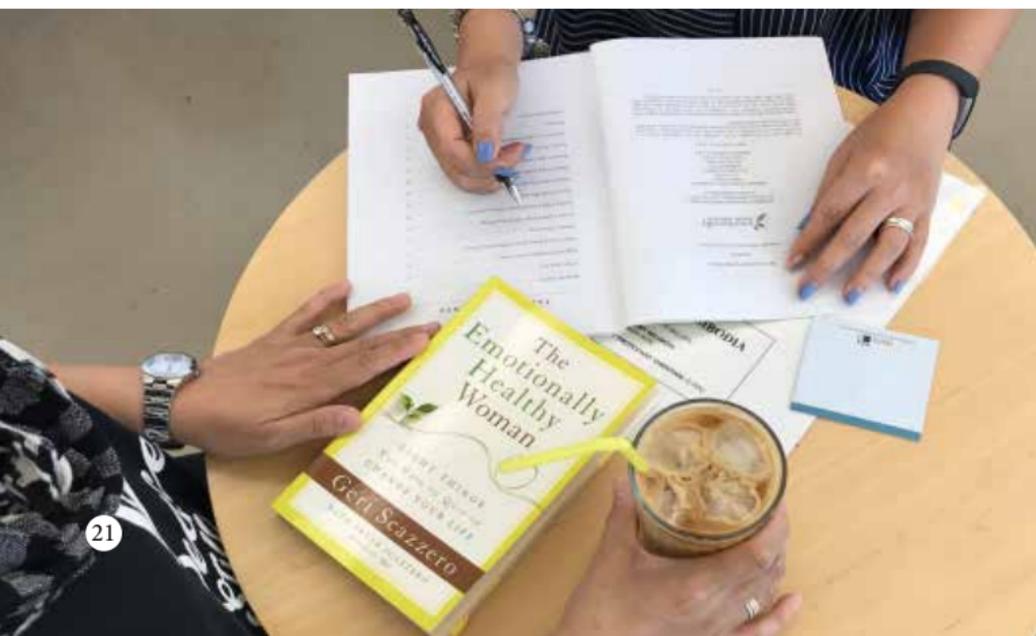
2.30 pm - 4.30 pm

**Cost:**

\$25 per person  
*(includes tea and participant's handbook)*



To register, go to  
<https://tinyurl.com/EHW2019H2>





## SPIRITUAL PARENTING OF YOUNG COUPLES (SPYces)

PARENTS  
OF ADULT  
CHILDREN

SPYces is for parents of adult children who are married or soon to be married. Grow into this season of your life through friendship and fellowship with other parents in the same season.

**Dates:**

30 Jun, 7, 14, 21, 28 Jul 2019 (Sun)

**Time:**

1.45 pm - 4.45 pm

To register, go to

**<http://www.riverlife.org.sg>**





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